

# West Coast Delight

**Devised by  
Jack Vlug  
Powell River**

*64 + 64 bar medley  
for 4 couples  
in a square set*

*Part of the Scottish  
country dancing scene  
in Vancouver in the  
1970s was the band  
"Schiehallion." Much of  
their music is still used  
today because their  
version is simply still  
the best one available!*

- Jack Vlug

*Balance in line with  
Highland Schottische  
was devised by the  
late Milton Levy.*

*Schiehallion reels, like  
the "Schiehallion"  
band, take their name  
from Hugh Thurston's  
dance of the same  
name.*

*Vancouver Branch  
Ruby Anniversary  
Collection  
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## **Strathspey**

### **1 - 4**

All set to partner and turn with right hands to finish facing partner.

### **5 - 12**

Interlocking reels of four: all pass partner by the right shoulder, pass the next person by the left shoulder, dance round the third person by the right shoulder, and return by the same route. All finish by turning partners with right hands to bring the men into the middle, all four men joining left hands across and retaining right hands with their partners in balance-in-line position.

### **13 - 16**

All balance in line with Highland Schottische setting. On the 2nd bar, all move to the right, the men releasing left hands in the middle and joining left hands with their partner under right hands. On the 3rd bar, the women join right hands across and all set with the left foot, left hands joined with partners. On the 4th bar, the men move back towards the middle, joining right hands with their partner under left hands.

### **17 - 24**

Four-couple men's chain: the men dance left hands across halfway while the women dance towards their partner's place, then each woman turns the opposite man with right hands. Repeat, the men finishing in their own places.

### **25 - 32**

1st woman and 4th man face 2nd man and 3rd woman respectively and dance rights and lefts.

### **33 - 40**

1st man and 2nd woman face 4th woman and 3rd man respectively and dance rights and lefts, omitting polite turns at the end.

### **41 - 56**

All dance Schiehallion reels right around the set to place. The men cross to the next woman's place on their right and cast to their right into the adjacent man's place. The women follow their partners, casting into their partner's place then crossing to the next woman's place. These four bars are repeated three more times.

### **57 - 64**

All dance eight hands round and back.

## **Reel**

Repeat bars 1 - 64 in reel time.

Bars 13 - 16 in reel time:

All balance in line, then turn partners with right hands to enter men's chain.